

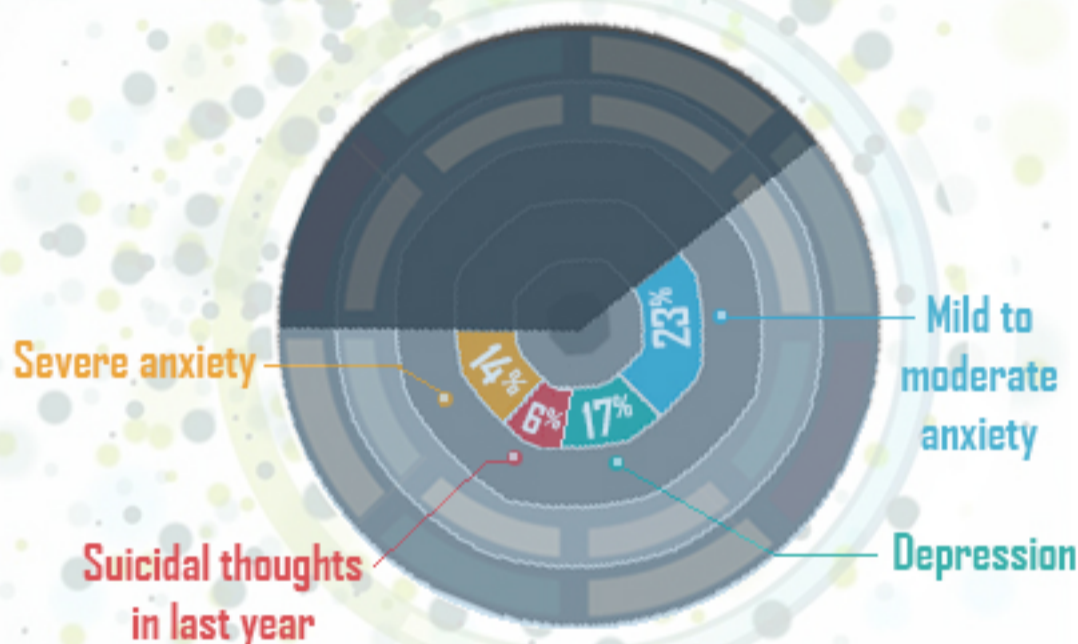
THE PATH TO LAWYER WELL-BEING:

PRACTICAL RECOMMENDATIONS FOR POSITIVE CHANGE

A task force comprised of 16 leaders from the NOBC, the Association of Professional Responsibility Lawyers, ABA CoLAP, and a half-dozen other organizations, wrote a report with 44 specific recommendations to improve well-being throughout the practice. This report was released August 14, 2017, and contains central themes that unite the 44 recommendations which include eliminating the stigma associated with seeking help and the duty of all lawyers to reduce the toxicity in the profession.



LAW STUDENT SURVEY - MENTAL HEALTH



LAW STUDENT SURVEY - ALCOHOL



ONE-QUARTER
AT RISK FOR ALCOHOLISM

15 LAW SCHOOLS 3,300 LAW STUDENTS

LAW STUDENTS

53%

Got drunk prior 30 days

43%

Binge drank at least once prior 2 weeks

22%

Binge drank at least twice

OTHER GRAD STUDENTS

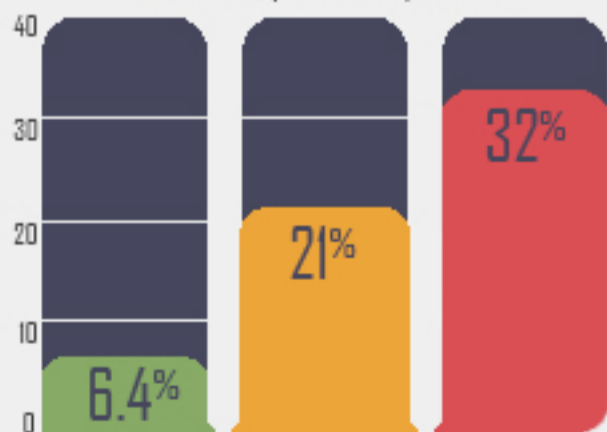
39%

36%

21%

2015 ABA LAWYER STUDY

Those at-risk for problematic drinking:
hazardous, possible dependence



General U.S. population
All Attorneys
Attorneys under 30 years old

LAWYER STUDY - MENTAL HEALTH

Suicidal Thoughts
During Career

11.5%

Severe
Anxiety

19%

28%

Depression

